# AIR EQUIPMENT COMPANY EXPERTS HELPING EXPERTS

Providing Quality Equipment and Services for Specialized Mechanical Air Systems

Serving Kentucky and Southern Indiana over 70 years



## **ASHRAE Standard 55**

#### **ASHRAE 55 (Thermal Comfort)**

- First published in 1966
- Since 2004 has been updated every 3-6 years
- Most recent published in 2017
- The standard addresses the four primary environmental factors (temperature, thermal radiation, humidity, and air speed) and two personal factors (activity and clothing) that affect thermal comfort.



## **ASHRAE Standard 55**

#### **Three compliance methods for Evaluating Thermal Comfort**

- Graphical
- Analytical
- Elevated Air Speed





## **ASHRAE Standard 55**



For humidity ratios & metabolic rates out of normal, the **analytical model** must be used.

Software programs exist that will calculate the ideal thermal comfort zone.



#### **ASHRAE 62.1 (Ventilation)**

- First published in 1973
- 2001 and earlier as "62", 2004 and beyond as "62.1" & "62.2"
- Most recent published in 2016
- The intent is to provide a comprehensive enforceable method of establishing ventilation rates centered around indoor air quality (IAQ) and applies to all spaces intended for human occupancy.



Ventilation for Acceptable Indoor Air Quality





Section 6: Procedures for calculating minimum outdoor airflow rates as well as the requirements for exhaust ventilation.

- <u>Three options</u>
  - The Ventilation Rate Procedure (VRP) is the most commonly used procedure. It is a
    prescriptive design procedure in which outdoor-air rates are dependent on space type,
    occupancy, and floor area.
  - The Indoor Air Quality Procedure (IAQP) is a performance procedure in which minimum outdoor-air requirements are based on analysis of contaminant sources, contaminant concentration limits, and the level of perceived indoor-air acceptability
  - The third option is the **natural ventilation procedure**, which is a prescriptive procedure where outdoor air is provided through outdoor openings.

**Zone Distribution** 

Effectiveness

**VRP** is the most commonly used procedure. You must required provide o

> **Breathing Zone Outdoor Airflow**

Zone Outdoor

Airflow

You must verify if outdoor-air treatment is	Intilation systems that ough a supply fan).       Occupancy Category       cfm/person       L/seperson       cfm/ft <sup>2</sup> L/sem <sup>2</sup> Correctional Facilities       Correctional Facilities       Coll       5       2.5       0.12       0.6         P + Demand-Controlled Ventilation (DCV)       S       2.5       0.06       0.3         Based on CO <sub>2</sub> concentrations as a surrogate for human occupancy       5       2.5       0.06       0.3         Vbz       =       Rp Pz       + Ra Az       10       5       0.12       0.6         Minimum CFM/Person       Zone Floor Area Constant       10       5       0.12       0.6         Numinum CFM/ft <sup>2</sup> Ninimum CFM/ft <sup>2</sup> 10       5.0       0.18       0.9         Science laboratories       10       5.0       0.18       0.9       0.9					
required (applies to ventilation systems that	Occupancy Category	cfm/person	L/s•person	cfm/ft <sup>2</sup>	L/s•m <sup>2</sup>	_
provide outdoor air through a supply fan).	<b>Correctional Facilities</b>					-
		5	2.5	0.12	0.6	_
Peo VRP + Demand-Controlled Ventilati	on (DCV)	5	2.5	0.06	0.3	-
Compose Based on CO <sub>2</sub> concentrations as a surrog	ate for human occupancy	5	2.5	0.06	0.3	
Breathing Zone Outdoor		7.5	3.8	0.06	0.3	
Airflow CFM						
$V - P V_{bz} - n_p P_z + n_a P$	Z	10	5	0.18	0.9	
$V_{bz} = R_{p}$		10	5	0.12	0.6	
		10	5	0.12	0.6	
Minimum	constant	7.5	3.8	0.06	0.3	
CFM/Person Actual Zone	Minimum CFM/ft <sup>2</sup>	7.5	3.8	0.06	0.3	
Zone Population Population		10	5.0	0.18	0.9	
	Science laboratories	10	5.0	0.18	0.9	_
V = V / E	Wood/metal shop	10	5	0.18	0.9	-
$V_{oz} = V_{bz} / E_z$						-



#### IAQ procedure

Performance-based approach that accounts for contaminant sources, concentrations and occupant satisfaction.

Zone and system outdoor airflow rates are based on emission rates, concentration limits and other relevant design parameters (e.g., air cleaning efficiencies and supply airflow rates).





#### **IAQP Steps**

- 1. Identify contaminants of concern (COC) and emission rates
- 2. Determine acceptable concentrations of these contaminants
- 3. Specify the perceived indoor air quality criteria

4. Apply mass balance analysis and subjective evaluation to achieve performance criteria.



#### **Mass Balance Analysis**

Determine the minimum OA rates required to achieve the contaminant concentration limits specified

Appendix D includes steady-state mass-balance equations that describe the impact of air cleaning on outdoor air and recirculation rates for ventilation systems serving a single zone

In the completed building, measurement of the concentration of contaminants or mixtures of concern may be useful as a means of checking the accuracy of the design mass-balance analysis, but such measurement is not required for compliance.



#### **Subjective Evaluation**

Panels have been used to perform subjective evaluation of indoor air quality in buildings.

Generally the air can be considered acceptably free of annoying contaminants if 80% of a panel consisting of a group of untrained subjects exposed to known concentrations of contaminants under representative controlled conditions of use and occupancy deems the air not to be objectionable.

Occupant must render a judgment of acceptability within 15 seconds.

Some harmful contaminants will not be detected by such tests. (CO & Radon) are examples of odorless contaminants that pose health risks.

#### **Bi-Polar Ionization**

Using the mass-balance equation in the IAQP, you can reduce the resulting contaminant levels to less than or equal to those realized using the prescriptive Ventilation Rate (VRP) Method.

In buildings like schools, churches, office buildings and arenas, the predominant pollutant load is from the occupants (smoke, dust pollen, VOC, odors, as well as bacteria and viruses). The bi-polar ionization systems reduce these pollutants through a gas phase molecule splitting process.

Manufacturer's have software or spreadsheets that calculate both the VRP outside air requirements and the IAQP requirements simultaneously for comparison. They claim a reduction in OA by up to 75% in some cases.

#### **Natural Ventilation Procedure**

Mechanical ventilation systems are not required when:

- Natural ventilation openings are permanently open or have controls that prevent the openings from being closed during periods of expected occupancy
- The zone is not served by heating or cooling equipment.





#### **Other variables to consider:**

- Ventilation System Controls to maintain minimum OA
- Exhaust air capture location
- Humidification
- Filters / Bird Screens
- Inspection, cleaning & maintenance
- Air balancing / dampers
- Condensate Drains
- Demand Control Ventilation or Occupant Diversity
  - The breathing zone outdoor airflow shall be reset in response to current occupancy and shall be no less than the building component (OA rate/ft2 x Area) of the DCV zone. Examples of reset methods or devices include population counters, carbon dioxide (CO2) sensors, timers, occupancy schedules or occupancy sensors.



#### **Recent Debate of IAQP**

In June 2019 Summer Meetings, the ASHRAE Standards Committee rejected the proposed 62.1 addendum "AA" sending it back to the committee to be reworked over the next three years. If adopted, addendum "AA" would have significantly changed the requirements of ASHRAE's IAQ Procedure (IAQP) and made its application considerably more time-consuming and cumbersome, if not impossible.

Addendum "AA" proposed to:

- Lowered the CO2 threshold level (from 5000 ppm to 1100 ppm)
- Added a post-occupancy testing requirement



2016 Harvard study – Research showed "statistically significant and meaningful reductions in decision-making performance" in test subjects as CO2 levels rose from a baseline of 600 parts per million (ppm) to 1000 ppm and 2500 ppm.

#### **Saving Energy While Complying**

With IAQP, a local purification device can be used to obtain equivalent air quality by removal of contaminants.

If VRP is used, an air-to-air heat exchanger can be used to recover conditioning energy.

Some of the configuration issues are the equipment sizing and the associated first cost. Operating energy is also considered in a life-cycle approach, as is the reduction in demand charges that some configurations make possible.

In comparing configurations for energy savings, metrics are needed for life-cycle cost, comfort, indoor air quality, and ventilation effectiveness.



#### ASHRAE 90.1 (Energy Standard)

- First published in 1975
- Placed on "continuous maintenance" in 1999
- Renamed ASHRAE 90.1 in 2001 and has been updated every 3 years since then.
- Provides minimum requirements for energy efficient designs for buildings except for low-rise residential buildings (i.e. single-family homes, multi-family buildings, etc.).



#### Energy Standard for Buildings Except Low-Rise Residential Buildings (I-P Edition)

This Startist of a solar existence is memorarize for a Bandeg Society Project Converses (SPC) for which the Banderds Conversion has antibilited a disconsented program for regular politicians of address for investing. Society and politicians and address of the solar banderds of the solar banderds for a solar bander bander and the observation of the ADMR solar bander bande





Two means, or paths for building designers to comply with ASHRAE 90.1:

- **Prescriptive path:** All components of the building meet the minimum standards specified by ASHRAE 90.1.
- **Performance path:** A proposed building design is demonstrated (through building performance simulation) to use less energy than a baseline building built to ASHRAE 90.1 specifications.



#### **Prescriptive Path**

- **Building Envelope** (Section 5): minimum wall insulation, minimum roof insulation, roof reflectance, minimum glazing performance
- **HVAC** (Section 6): minimum equipment efficiency, minimum system features, limitation on reheat, limitation on fan power
- **Domestic Hot Water** (Section 7): minimum equipment efficiency, minimum system features
- **Power** (Section 8): transformer efficiency, automatic receptacle controls, energy monitoring
- **Lighting** (Section 9): maximum indoor lighting power density (LPD, expressed in Watts/Sq.Ft.), minimum lighting controls, exterior lighting, parking garage lighting
- **Other Equipment** (Section 10): electric motors, potable water booster pumps, elevators, and escalators



#### HVAC

- Economizers (Section 6.5.1)
- Simultaneous Heating and Cooling Limitation (Section 6.5.2)
- Air System Design and Control (Section 6.5.3)
- Hydronic System Design and Control (Section 6.5.4)
- Heat Rejection Equipment (Section 6.5.5)
- Energy Recovery (Section 6.5.6)
- Exhaust Systems (Section 6.5.7)
- Radiant Heating Systems (Section 6.5.8)
- Hot Gas Bypass Limitation (Section 6.5.9)
- Door Switches (Section 6.5.10)
- Refrigeration Systems (Section 6.5.11)





#### HVAC

Replacement equipment now needs to meet many of the requirements formerly for new equipment only (controls, economizer, fan efficiency, boiler turndown, etc.)

Exceptions that are allowed:

- Equipment being modified or repaired (not replaced) provided such modifications will not result in an increase in the annual energy consumption
- Equipment being replaced or altered which requires extensive revisions to other systems and such replaced or altered equipment is a like-for-like replacement
- Refrigerant change of existing equipment
- Relocation of existing equipment
- Ducts and pipes where there is insufficient space or access to meet these requirements



All of Alaska in Zone 7 except for the following Boroughs in Zone 8: Bethel, Dellingham, Fairbanks, N. Star, Nome North Slope, Northwest Arctic, Southeast Fairb Yukon-Koyukuk

Zone 1 includes: Hawaii, Guam, Puerto Rico, and the Virgin Islands

#### Table 6.5.6.1-2 Exhaust Air *Energy* Recovery Requirements for *Ventilation Systems* Operating Greater than or Equal to 8000 Hours per Year

	% Outdoor Air at Full Design Airflow Rate										
	≥10% and <20%	≥20% and <30%	≥30% and <40%	≥40% and <50%	≥50% and <60%	≥60% and <70%	≥70% and < 80%	≥80%			
Climate Zone	Design Supply Fan Airflow Rate, cfm										
3C	NR	NR	NR	NR	NR	NR	NR	NR			
0B, 1B, 2B, 3B, 4C, 5C	NR	≥19,500	≥9000	≥5000	≥4000	≥3000	≥1500	≥120			
0A, 1A, 2A, 3A, 4B, 5B	≥2500	≥2000	≥1000	≥500	≥140	≥120	≥100	≥80			
4A, 5A, 6A, 6B, 7, 8	≥200	≥130	≥100	≥80	≥70	≥60	≥50	≥40			
NR—Not required											

#### TABLE 6.5.6.1-2 Exhaust Air Energy Recovery Requirements for Ventilation Systems Operating Greater than or Equal to 8000 Hours per Year

Zone a		% Outdoor Air at Full Design Airflow Rate								
	≥10% and <20%	≥20% and <30%	≥30% and <40%	≥40% and <50%	≥50% and <60%	≥60% and <70%	≥70% and < 80%	≥80%		
	Design Supply Fan Airflow Rate, cfm									
3C	NR	NR	NR	NR	NR	NR	NR	NR		
1B, 2B, 3B, 4C, 5C	NR	≥19,500	≥9000	≥5000	≥4000	≥3000	≥1500	>0		
1A, 2A, 3A, 4B, 5B	≥2500	≥2000	≥1000	≥500	>0	>0	>0	>0		
4A, 5A, 6A, 6B, 7, 8	>0	>0	>0	>0	>0	>0	>0	>0		

#### **Lighting**

Lighting alterations (retrofits) section revised in 2016 to add interior and exterior controls.

Automatic time control and occupancy based (occupancy sensors) are methods that can be used to comply.

New equipment installed as a direct replacement of existing equipment must comply with Lighting Power Density (LPD) limits and basic after-hours automatic shutoff requirements.



TABLE 9.6.1 Lighting Power Density Allowances Using the Space-by-Space Method and Minimum Control Requirements Using Either Method

Informative Note: This table is divided into two sections; this first section covers			The control functions below shall be implemented in accordance with the descriptions found in the referenced paragraphs with Section 9.4.1.1. For each space type: (1) All REQs shall be implemented. (2) At least one ADD1 (when present) shall be implemented. (3) At least one ADD2 (when present) shall be implemented.								
space types that can be commonly found in multiple building types. The second part of this table covers space types that are typically found in a single building type.			Local Control (See Section 9.4.1.1[a])	Restricted to Manual ON (See Section 9.4.1.1[b])	Restricted to Partial Automatic ON (See Section 9.4.1.1[c])	Bilevel Lighting Control (See Section 9.4.1.1[d])	Automatic Daylight Responsive Controls for Sidelighting (See Section 9.4.1.1[e] <sup>6</sup> )	Automatic Daylight Responsive Controls for Toplighting (See Section 9.4.1.1[f] <sup>6</sup> )	Automatic Partial OFF (See Section 9.4.1.1[g] [Full Off complies])	Automatic Full OFF (See Section 9.4.1.1[h])	Scheduled Shutoff (See Section 9.4.1.1[i])
Common Space Types <sup>1</sup>	LPD, W/ft <sup>2</sup>	RCR Threshold	a	b	c	d	e	ſ	g	h	i
Atrium											
that is <20 ft in height	0.03/ft total height	NA	REQ	ADD1	ADD1		REQ	REQ		ADD2	ADD2
that is ≥20 ft and ≤40 ft in height	0.03/ft total height	NA	REQ	ADD1	ADD1	REQ	REQ	REQ		ADD2	ADD2
that is >40 ft in height	0.40 + 0.02/ft total height	NA	REQ	ADD1	ADD1	REQ	REQ	REQ	—	ADD2	ADD2
Audience Seating Area											
in an auditorium	0.63	6	REQ	ADD1	ADD1	REQ	REQ	REQ		ADD2	ADD2
in a convention center	0.82	4	REQ	ADD1	ADD1	REQ	REQ	REQ		ADD2	ADD2
in a gymnasium	0.65	6	REQ	ADD1	ADD1	REQ 🕴	REQ	REQ		ADD2	ADD2
in a motion picture theater	1.14	4	REQ	ADD1	ADD1	REQ	REQ	REQ	—	ADD2	ADD2
in a penitentiary	0.28	4	REQ	ADD1	ADD1		REQ	REQ		ADD2	ADD2
in a performing arts theater	2.43	8	REQ	ADD1	ADD1	REQ	REQ	REQ		ADD2	ADD2
in a religious building	1.53	4	REQ	ADD1	ADD1	REQ	REQ	REQ	_	ADD2	ADD2
in a sports arena	0.43	4	REQ	ADD1	ADD1		REQ	REQ		ADD2	ADD2
all other audience seating areas	0.43	4	REQ	ADD1	ADD1		REQ	REQ	-	ADD2	ADD2

#### **Performance Path**

- An energy model may be used to see what energyconservation measures (ECMs) need to be incorporated into the project to comply.
- Some energy-modeling software can generate an energycost budget (ECB) report for submittal.
- The best way to confirm compliance is to use the ECB compliance forms in the ASHRAE 90.1 User's Manual or their online tool (https://901ecb.ashrae.org/).



#### ASHRAE 189.1 (High-Performance Bldg)

- First published in 2009 in partnership with the IgCC & USGBC
- Most recent published in 2017





 A model code that contains minimum requirements for increasing the environmental and health performance of buildings' sites and structures.

Provides minimum requirements for siting, design, construction, and operation of highperformance green buildings

This standard provides minimum criteria that apply to new buildings and their systems, new portions of buildings and their systems, and new systems and equipment in existing buildings.

Takes other ASHRAE Standards to the next level.

Ways to benefit from designing around ASHRAE 189.1

- Find innovative concepts that go above and beyond standard "green" practice.
- Find the design approach that differentiates your firm form the competition.

## **ASHRAE Standards**

**Other Standards:** 

- ASHRAE Standard 15 Safety Standard for Refrigeration Systems
- ASHRAE Standard 34 Designation and Safety Classification of Refrigerants
- ASHRAE Standard 52 Testing Air-Cleaning Devices
- ASHRAE Standard 100 Energy Efficiency in Existing Buildings
- ASHRAE Standard 170 Ventilation of Health Care Facilities
- ASHARE Standard 188 Legionellosis: Risk Management for Building Water Systems



## **ASHRAE Standards**

**Other Resources:** 

www.ashrae.org

https://www.energycodes.gov/adoption/states/

https://www.usgbc.org/resources/

**ASHRAE Advanced Energy Design Guides** 

How these apply to LEED and WELL





## **ASHRAE Standards**

**ASHRAE Standard Jeopardy** 



